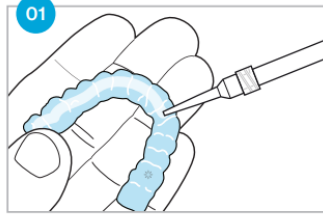




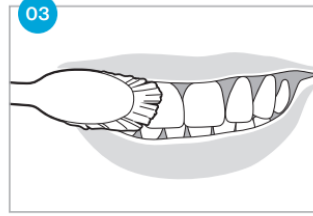
# Professional At Home Whitening System



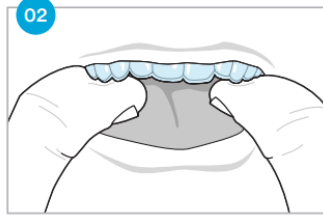
## Preparation

NOTE: It is recommended to not use the Invisalign Professional Whitening System during the first 2 days of a new aligner set to reduce the chance of sensitivity.

1. Load tray by carefully expressing one continuous bead of gel inside the tray, approximately one-quarter to one-third of the height, beginning from the floor of the tray from the cheek side of the tray for all teeth.



3. At the completion of treatment time, remove the tray, rinse and brush the gel from the teeth. Do not swallow rinsed gel.



## Use

1. Insert tray in front of a mirror and watch for any gel displacement out of the tray. If this occurs, remove gel from the tissue using a toothbrush. Do not swallow rinsed gel.
2. Wear Opalescence PF 10% Mint whitening gel 8-10 hours or overnight. Each syringe contains sufficient gel for approximately 3-4 days of treatment. Consult your dental professional for the proper number of treatments for your case.



## Cleanup

1. Clean the tray with a toothbrush and water after use and store in a clean dry container.
- NOTE: If you have any persistent sensitivity or questions regarding this treatment, please consult your dental professional.

Follow all recommendations provided by your dental professional. Results may vary. Contact your dental professional with questions.

Ingredients: Glycerin, Water (Aqua), Xylitol, Urea (Carbamide) Peroxide, Carbomer, PEG-6, Sodium Hydroxide, EDTA, Peppermint Oil (Aroma), Potassium Nitrate, Sodium Fluoride

For Professional Distribution Only



## Proper Use, Warnings, and Precautions

- **Whiten upper teeth for 4-7 consecutive days only. Do not whiten in consecutive weeks.**
- **Start with upper teeth no further back than the 2<sup>nd</sup> bicuspids so you can compare any changes w/the lower.**
- Ideally save your gel for the upper teeth only since many times the lowers are not as visible.
- Follow up whitening after several months will be needed.
- Some patients may experience temporary discomfort of the teeth, gums, lips, throat, or tongue. Should any of these symptoms persist for more than a few days or worsen then discontinuing use, or in cases of severe discomfort call your dental professional. **Ultimately sensitivity may prevent you from whitening teeth. Please know there is no refund in this event.**
- Do not eat, drink, or use tobacco products while whitening trays are in place.
- Be aware that existing crowns, tooth-colored fillings, etc., do not whiten. For a small percentage of the population their teeth will not appreciably whiten.
- Wait at least 7-10 days after whitening procedures before placing new fillings.
- Hypocalcified areas (white spot lesions) which may not be visible to the naked eye, will whiten faster, thereby becoming more obvious during whitening. Often but not always this subsides as adjacent enamel whitens.
- Some amalgam fillings may leave a dark purple color in your whitening tray, this is normal.
- Avoid direct contact of the active surface of the tooth whitening product with the gums and/or salivary flow.
- If large amounts are ingested, drink large amounts of water & contact a physician. If aspirated seek immediate medical attention.
- Avoid contact with eyes. If contact occurs rinse immediately.
- Pregnant or nursing women should not use teeth whitening products.
- Material is NOT to be injected into the body, patients should dispose of syringes when empty.
- For patients or users with allergy concerns, refer to product allergen document available at [www.ultradent.com/resources/product-allergens](http://www.ultradent.com/resources/product-allergens). If allergic reaction is observed, rinse exposed area thoroughly with water and have the patient consult their physician. There is no refund due to allergic reactions.
- If you have any questions regarding this product, please consult your dental professional. Patients with serious health concerns should consult their physician prior to treatment.

## Product Description

- 10% carbamide peroxide concentration (3.6% hydrogen peroxide equivalent) & potassium nitrate & sodium fluoride.
- Manufactured by Ultradent Products, Inc. 505 West Ultradent Drive, South Jordan, Utah 84095
- Distributed by Align Technology, Inc. 2820 Orchard Parkway, San Jose, California 95134
- Made in the USA from U.S. and globally sourced materials. 1010383AR01